

## Home Emergency Kits

With the increase of extreme weather events and the possibility of other emergencies, it is important to be prepared, have a plan and share it with family and friends. In an emergency you will need some basic supplies as you may be without power or water. Be prepared to be self-sufficient for at least 72 hours.

You may already have some emergency items. Be organized so they are easy to find in the dark and for quick evacuation. Your kit should be easy to carry and everyone in your household should know where it is. Separate the supplies into backpacks for each person to have their own grab-and-go emergency kit.



### Basic Emergency Kit Checklist:

- Easy to carry**
- Water** – 2 litres (4 ½ pints) of water per person per day
- Food** – that won't spoil (remember to replace the food and water once a year)
- First aid kit
- Manual can opener
- Flashlight and extra batteries
- Battery-powered or wind-up radio
- Special needs items** – prescription medication, infant formula, or equipment for people with disabilities
- Extra keys for your car or house
- Cash** – smaller bills and change for payphones
- Emergency Plan** – it should contain in-town and out-of-town contact information

THE BASIC EMERGENCY KIT IS FOR THE FIRST 72 HOURS OF AN EMERGENCY.

TO BE EQUIPPED FOR A LONGER PERIOD OF TIME, CONSIDER HAVING THE FOLLOWING:

- Two additional litres of water per person per day (for cooking and sanitary needs)
- Candles and matches/lighter
- Change of clothing and footwear
- Sleeping bag or warm blanket
- Toiletries
- Hand sanitizer
- Utensils
- Garbage bags
- Water purifying tablets
- Whistle
- Basic tools: hammer, pliers, wrench, pocket knife, etc.

Strive  
FOR Wise

### DON'T FORGET TO . . .

- Prepare an emergency kit for your pets. Check out the websites below.

### Want more information on preparing Home Emergency Kits?

Visit the following websites for Preparedness Resources for your location:

**Government of Canada:** <http://www.getprepared.gc.ca/cnt/kts/index-eng.aspx>

**The City of Portland, Oregon:** <http://www.portlandoregon.gov/pbem/46475?>

**South Carolina Emergency Management Division:** <http://www.scemd.org/planandprepare/preparedness/emergencykit>

All your questions and discussion topics are on the reverse side – get talking!

# Home Emergency Kits

Company \_\_\_\_\_ Date \_\_\_\_\_ Delivered by \_\_\_\_\_

Other topics discussed \_\_\_\_\_

Name	Signature	Name	Signature

## QUESTIONS/DISCUSSIONS

RECORD RESPONSES SPECIFIC TO YOUR SITE

- Do you have an emergency kit available in your home and/or car? If so, where is it located? \_\_\_\_\_
- Does everyone in your household know about the kit and where to find it? \_\_\_\_\_
- What are some items that you have included in your kit that were not included on the checklist? \_\_\_\_\_
- Do you have an emergency home evacuation plan? If so, when was the last time you reviewed it with your family/friends? \_\_\_\_\_

## Our Environmental Champion is John Desjardins of Norjohn Contracting

John Desjardins has been busy as the Lead Mechanic at Norjohn Contracting and Paving.

In just a few short months, he has made many improvements at the shop and yard including:

- Turned down the heat (to a comfortable level, of course) to reduce natural gas use
- Replaced high pressure sodium bulbs with LED lights at NJC's fueling station
- Placed all drums on spill pallets for containment
- Cleaned up several areas of the shop

Not only is he cleaning-up shop, he is finding value in things that NJC no longer needs; by taking advantage of rebate programs he has been able to generate funding by selling unused equipment and scrap metal.

John doesn't plan on stopping anytime soon. When asked about what drives him to take on these initiatives he said, "I just hate mess!" – A mantra to live by!



commit ■ create ■ participate